



Family Dining    Fresh Food  
Great Service!

*EAT IN OR TAKE AWAY,  
EITHER WAY, YOU'LL HAVE A GREAT DAY!*

*[AbenakiTrail.com](http://AbenakiTrail.com)*

We also own  *RESTAURANT & PUB* Barrington, NH





# START YOUR MEAL OFF RIGHT!

## HOUSE SPECIAL APPETIZERS

GOLDEN FRIED ONION RINGS 7.99

*Handmade, like the beach stands 30 years ago.*

*2012, 2013, 2014 Nominated Best Of NH, by New Hampshire Magazine!*

GARLIC CHICKEN NACHOS 9.99

*Fresh Chopped garlic and grilled chicken on tortilla chips, baked with cheese*

**The Summit Sampler** 12.99

*4 Buffalo Wings, 4 Plain Tenders, 3 Mozzarella Stix, and 6 Onion Rings.*

*Served with bleu cheese, marinara, and celery*

**Fresh Pan Seared Sea Scallops** 12.99

*Served with spinach, sliced tomato, fresh mozzarella, basil, and our own balsamic reduction*

**Mozzarella Stix** 7.99

*You'll love 'em with our homemade marinara!*

**"Puhdayda" Skins** 8.99

*Freshly scooped baked potatoes filled with cheese and topped with bacon.*

*Sprinkled with scallions and served with sour cream*

**Quesadilla Ole!** 7.99

*Flour tortilla filled with cheddar and monteray jack. Add chicken or veggies for \$1.50 or both for \$2.50*

**Our famous FRESH chicken tenders** regular 9.49 large 10.99

*Plain, Buffalo (medium or hot), or Sweet 'n Spicy. Served with celery and chunky bleu cheese*

**Wild Wings** regular 9.49 large 10.99

*Fresh wings deep fried and tossed in our homemade sauces – Nominated Best Of NH 2012 and 2013!*

*Plain, Buffalo (medium or hot), or Sweet 'n Spicy. Served with celery and chunky bleu cheese*

**Cheesy Fries** 8.99

*Our home style fries topped with a blend of cheddar and jack cheeses, bacon, and fresh scallions.*

*Served with zesty homemade ranch*

**Maryland Style Crab Cakes** 11.99

*2 Lump crab cakes sautéed and served with our own remoulade sauce*

**Buffalo Chicken Nachos** 9.99

*Fresh bleu cheese crumbles and buffalo chicken on tortilla chips baked with cheddar cheese, topped with scallions*



## Our Food



*Unlike big corporate chains, we bring in our seafood, chicken, steaks, and burgers FRESH, not frozen. Many of our dishes have been created by our family over the years in our own kitchen, and we are happy to share them for your enjoyment. Our sauces, marinades, and dips are all made right here.*

*If you don't enjoy any part of your visit, please tell your server so we can make it right, and if you do, please tell your friends so they can come enjoy too!*

### SOUPS

*Sometimes Soup – cup or bowl*

*4.99 cup 7.99 bowl*

*Sometimes we have one and sometimes we don't!*

### FRESH SALADS

**Fresh Garden \***

**6.99**

*Iceberg, romaine, tomatoes, cukes, red onion, and a few homemade croutons*

**The Caesar** *Creamy dressing, romaine, and homemade croutons*

**8.99**

**Mozz and Tomato \***

**10.99**

*Fresh mozzarella and sliced tomatoes on a bed of spinach with a coating of our own balsamic reduction*

**Bleu Cheese Bleu Cheese Wedge \***

**9.99**

*Iceberg, bleu cheese crumbles, diced tomato, bacon bits, and bleu cheese dressing*

**Top the above salads with grilled chicken \$4, Steak \$5**

**South of the Border Taco Salad**

**9.99**

*Your choice of chicken or taco burger, crisp lettuce, tomatoes, onions, cheese, fresh salsa, and chipotle ranch dressing, served in a crispy flour tortilla shell*

*Dressings – House Light Italian, Chunky Bleu Cheese, Honey Mustard, 1000 Island, and Homemade Ranch*

**Proudly serving Coke, Diet Coke, Sprite, Minute Maid Lemonade, Fuze Unsweetened Tea, The Arnold Palmer, Fanta Orange – only \$2.49 with free refills!**



# BURGERS AND SANDWICHES...

*All burgers and most sandwiches are served with house fried potato chips and two slices of a Kosher Dill Pickle*

<b>The Abenaki Half-Pound Burger</b>	8.99
<i>Freshly ground Certified Angus beef charbroiled to your liking, with lettuce and tomato. Add cheese .75 ¢ or bacon \$1.00</i>	
<b>The Jonesie (It's a home run!)</b>	10.99
<i>The half pounder grilled and topped with sautéed peppers, onions, and American cheese</i>	
<b>The Conway</b>	10.99
<i>The half pound burger or chicken tenders grilled and topped with cheddar, BBQ sauce, and bacon</i>	
<b>BLT</b>	7.99
<i>With mayo, toasted on white, wheat, rye, or in a wheat wrap</i>	
<b>Pulled Pork Sandwich</b>	9.99
<i>The other white meat, braised, pulled, and drenched in BBQ sauce. Served on a hunk of french bread with slaw</i>	
<b>Chicken Tender Sandwich</b>	8.99
<i>Grilled or deep fried, plain or sauced, with shredded lettuce and tomatoes</i>	
<b>Jones's Original Steak Sandwich</b>	11.99
<i>Fresh Angus sirloin tips sliced, then sautéed in butter garlic, peppers and onions, baked with American cheese on French bread {Steak is cooked about medium}.</i>	
<b>Chicken Caesar Wrap</b>	8.99
<i>Sliced chicken, romaine, and creamy dressing</i>	
<b>Fried Haddock Sandwich</b>	8.99
<i>Fresh haddock served on a bun with lettuce and cole slaw, no pickles</i>	
<b>Double Dogs</b>	7.99
<i>Twin all-beef dogs grilled and served with relish and diced onion</i>	
<b>Three Grain Veggie Burger *</b>	8.99
<i>With \corn, roasted red peppers and other fine ingredients, chipotle mayo on side</i>	
<b>NEW! Turkey Burger</b>	8.99
<i>Third of a pound seasoned Turkey Burger with lettuce and tomato</i>	

+ Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



## Entrées

### **BEEF AND**

### **CHICKEN**

*Served with fresh veggies and your choice of a side*

**Grilled Certified Angus Sirloin Tips \*** 16.99  
*Fresh Angus Tips in our delicious marinade!*

**NY Sirloin Steak \*** 20.99  
*12 ounces of fresh center cut sirloin, Certified Angus*

**Tuckerman Ravine Chicken \*** 14.99  
*Fresh grilled chicken tenders topped with honey mustard, melted cheddar, and bacon.  
Goes great with Conway's own Tuckerman Pale Ale !*

### **PASTA**

*Pasta served with garlic bread*

**Fettuccini Alfredo** 11.99  
*with veggies, add \$1  
with veggies and chicken, add \$4  
with veggies & shrimp, add \$6*

**Fettuccini with Our Sauce** 13.99  
*Fresh made marinara or homemade meat sauce*

### **SEAFOOD DINNERS**

*\* Baked Seafood with Fresh Veggies and one side*

*\* Fried Seafood served with Cole Slaw and one side*

**Fresh Sea Scallops** *Baked with panko crumbs, or fried* 18.99

**Fried Jumbo Shrimp – Half dozen large** 17.99

**Fresh Haddock** *Baked with panko crumbs, or fried* 17.99

### **HOUSE SPECIALTIES**

*Served with fresh made Cole Slaw and fries*

**Fresh Haddock Fish and Chips** 15.99

Join us every Thursday for Fish & Chip Day only 12.99!

## Chicken Tender Dinner

13.99

*Crispy deep fried fresh chicken, plain or sauced*

### Sides

**House Fried Chips, Fries, Homemade Garlic Mashed, Steamed Veggies, Baked (after 5pm) - 3.59**

**Sweet Potato Fries - 4.59**

**\*Substitute Sweet Potato Fries for \$1.99 or a Garden/Caesar Salad for \$3,**

**\* Add a Garden or Caesar to any entrée for only 3.99**

***Call for Fast Take Out - 603 356 6565***

**\* Our Gluten Free Items**

**\*\*We reserve the option to add 18% gratuity to parties of 6 or more\*\***

## FIRST -



Frank Jones was born on a farm in 1832 in Barrington New Hampshire, home of our other restaurant, **Frank Jones Restaurant & Pub**. Frank left the farm as a teenager, walked 15 miles to Portsmouth to find a job, and in 1858 he discovered his love for brewing.

By the early 1880's he opened the Frank Jones Brewing Company and employed over 500 folks, brewing 6000 barrels per year offering six types of ales from three breweries in New England. Considered a "robber baron" of the East, Jones diversified his investments to include the famous Wentworth by the Sea among other hotels, and he held the position of President of the Boston and Maine Railroad.

He was twice elected mayor of Portsmouth NH and served two terms as a NH Congressman. Frank Jones died in 1902 - only 3 years after he sold the Brewery to British investors, and just a few years prior to Prohibition - what a visionary!

The original Frank Jones Ale was released again in 2010, on sale only here and our sister restaurant, **Frank Jones Restaurant & Pub** in Barrington NH. We feature fresh made delicious food, with fresh seafood, fresh chicken, fresh burgers, and fresh steaks. The food has been flying out of our kitchen ever since, serving over 45,000 guests a year in our small 60 seat restaurant. The food you will enjoy today is the same great food we serve there. So if you are on Rt. 125 going south, stop in!

## THEN...



Our food is so good we thought what better place to open a second restaurant than where we have been skiing and vacationing for over many years! The area that has provided so much fun for family and friends for decades now has an affordable restaurant with delicious fresh food, family recipes, super value, and awesome kid's meals!

Now for your history lesson...

The Abenaki Indians are a tribe of Native Americans who are from and still live in the North Conway area in New Hampshire and other New England states. They refer to themselves as **Alnôbak** which means Real

People. We are real people, passionate about our food, we have been in the restaurant business for over 35 years, and we know you will enjoy our fare as much as the people do in our sister restaurant!

Enjoy your meal and have fun, your hosts,

*The Jones Family*

PS - Billy Kidd the famous alpine ski racer was an Abenaki Indian!